

CALIFORNIA

GOLDEN BEARS FIELD HOCKEY 2008



KATIE KNOCHE
Senior Forward



KELLIE YORK
Senior Forward



KELLY KNOCHE
Senior Goalkeeper



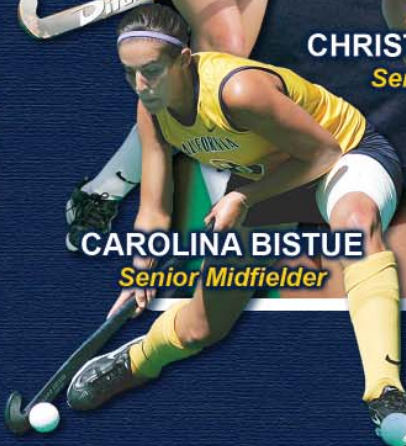
RACHEL MOFFITT
Senior Defender



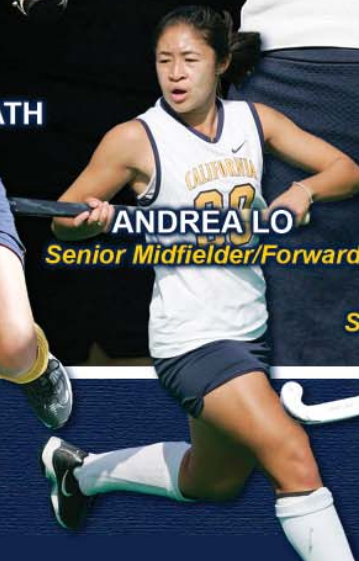
GWEN BELOMY
Senior Midfielder



CHRISTINA McGRATH
Senior Defender



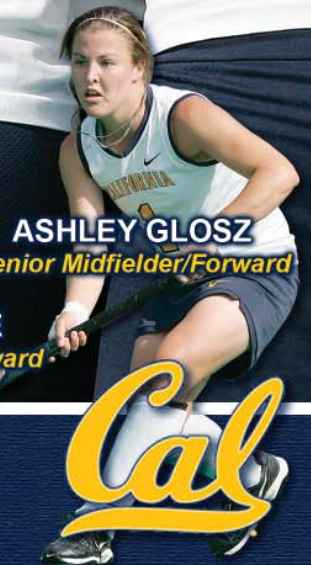
CAROLINA BISTUE
Senior Midfielder



ANDREA LO
Senior Midfielder/Forward



CAITLIN BYRNE
Senior Midfielder/Forward



ASHLEY GLOSZ
Senior Midfielder/Forward



2008 CALIFORNIA FIELD HOCKEY

QUICK FACTS

Location: Berkeley, Calif.
Enrollment: 34,953
Founder: 1868
Nickname: Golden Bears
Colors: Blue (282) and Gold (116)
Conference: NorPac
Field: Maxwell Family Field (cap. 500)
Chancellor: Robert J. Birgeneau
Athletic Director: Sandy Barbour
Assistant AD/Sports Supervisor:
 Liz Miles
Head Coach: Shellie Onstead
Alma Mater/Year: California 1983

Assistant Coaches:
 Niall Murphy (Connecticut '07),
 Kelly Knapp (Cal '05)
Volunteer Assistant Coach:
 Peter Milkovich (British Columbia'92)
Office Phone: (510) 643-0627
Office Fax: (510) 642-7958
2007 Overall Record: 12-6
2007 Conference Record/Finish: 5-1/1st
Letterwinners Returning/Lost: 15/2
Starters Returning/Lost: 10/1
Newcomers: 6
NCAA Appearances: 10

2008 CALIFORNIA FIELD HOCKEY ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown / Previous School(s)
1	Ashley Glosz	M/F	5-3	Sr.	San Diego, Calif. / Scripps Ranch HS
2	Sarah Brand	M/F	5-5	Fr.*	Escondido, Calif. / San Pasqual HS
3	Claire Dougherty	F/M	5-11	Fr.	Santa Clara, Calif. / Archbishop Mitty HS
4	Caitlin Byrne	M/F	5-6	Sr.*	Apple Valley, Calif. / Granite Hills HS
5	Christina McGrath	D	5-2	Sr.*	San Jose, Calif. / St. Francis HS
6	Tracy Sprague	D	5-2	Fr.*	San Diego, Calif. / Scripps Ranch HS
8	Carolina Bistue	M	5-7	Sr.	Davis, Calif. / Davis HS
9	Rachel Moffitt	D	5-4	Sr.*	San Diego, Calif. / Junipero Serra HS
10	Lisa Lohre	M	5-6	So.	Frankfurt, Germany / Max-Beckmann-Schule
11	Megan Shimojima	M	5-7	Fr.	San Jose, Calif. / Lynbrook HS
12	Kellie York	F	5-2	Sr.*	Saratoga, Calif. / Saratoga HS
13	Gwen Belomy	M	5-4	Sr.	Saratoga, Calif. / Saratoga HS
14	Kathryn Kamenski	M	5-5	So.*	Mountain View, Calif. / St. Francis HS
15	Natalie Nurnberg	F	5-7	So.*	San Jose, Calif. / Leigh HS
16	Kristen Goodman	D	5-5	Fr.	Atherton, Calif. / Saint Francis HS
18	Kaitlin Duncan	M	5-5	So.*	San Diego, Calif. / Serra HS
19	Megan Psyllos	M	5-7	So.	San Diego, Calif. / Torrey Pines HS
20	Sophie Sproats	D	5-8	So.*	Sydney, Australia / Ascham School
21	Jessica Kreck	M	5-9	Fr.	San Jose, Calif. / Archbishop Mitty
22	Kaitlin Jones	D	5-3	Fr.*	San Diego, Calif. / Scripps Ranch HS
24	Katie Knoche	F	5-6	Sr.*	San Diego, Calif. / University of San Diego HS
27	Erin Magill	D	5-10	Fr.*	Gilroy, Calif. / Gilroy HS
30	Andrea Lo	M/F	5-2	Sr.	West Vancouver, Canada / West Vancouver Secondary
45	Haleh Nourani	G	5-6	Fr.	Carlsbad, Calif. / La Costa Canyon HS
80	Maddie Hand	G	5-7	Fr.*	Englewood, Colo. / Cherry Creek HS
77	Jessica Pizarek	G	5-7	Fr.*	Costa Mesa, Calif. / Newport Harbor HS
91	Kelly Knoche	G	5-10	Sr.	San Diego, Calif. / Harvard / University of San Diego HS

* Utilized redshirt year

GOLDEN BEARS STAFF

Head Coach: Shellie Onstead
 (14th year, California '83)
Assistant Coach: Niall Murphy
 (1st year, Connecticut '07)
Assistant Coach: Kelly Knapp
 (3rd year, California '05)
Volunteer Assistant Coach: Peter Milkovich
 (8th year, British Columbia '92)
Athletic Trainer: Carol Rogers



MEDIA RELATIONS

Contact:
 Dean Caparaz,
 Assistant Media
 Relations
 Director
Office Phone:
 (510) 642-5048
Office Fax:
 (510) 643-7778
E-Mail: dcaparaz@berkeley.edu
Mailing Address:
 University of California
 349 Haas Pavilion
 Berkeley, CA 94720
Web Site: www.CalBears.com



CREDITS

The **2008 California Field Hockey Media Guide** was written and edited by Assistant Media Relations Director Dean Caparaz. Design and layout by Publications Director John Dunbar and Publications Coordinator Evan Kerr. Photos by John Dunbar, Evan Kerr, Kelley Cox and Michael Pimentel. Printing by UC Printing, Berkeley, Calif.

Cal's 2008 Golden Bear seniors show off their lighter side.



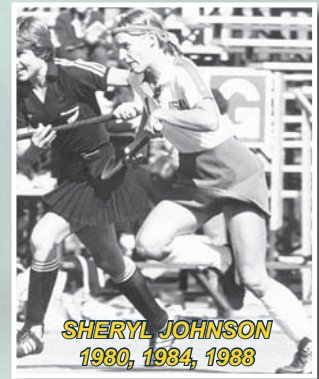
CAL OLYMPIANS



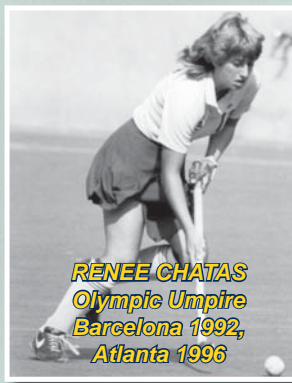
SHELLIE ONSTEAD
Assistant Coach, USA
Beijing 2008



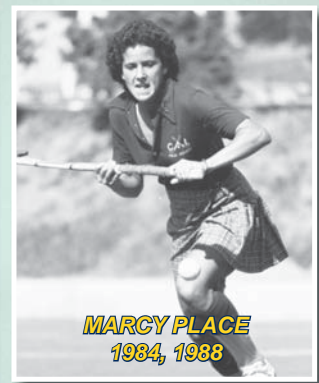
PETER MILKOVICH
Assistant Coach, Canada
Beijing 2008



SHERYL JOHNSON
1980, 1984, 1988



RENEE CHATAS
Olympic Umpire
Barcelona 1992,
Atlanta 1996



MARCY PLACE
1984, 1988

CAL ALL-AMERICANS



2007 Third-Team
All-American
ASHLEY GLOSZ

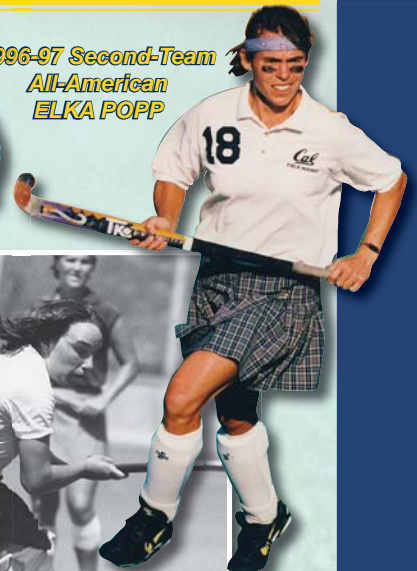


2002 Third-Team,
2003 Second-Team
All-American
NORA FEDDERSEN



2006 First-Team,
2005 Third-Team
All-American
VALENTINA GODFRID

1996-97 Second-Team
All-American
ELKA POPP



1982 First-Team
All-American
SHELLIE ONSTEAD



1986 Second-Team
All-American
KIKI BROWN



1987 First-Team
All-American
LIGAYA YRASTORZA

2008 CALIFORNIA GOLDEN BEARS

BACK ROW (left to right): Sophie Sproats, Lisa Lohre, Jessica Kreck, Claire Dougherty, Kelly Knoche, Erin Magill, Carolina Bistue, Natalie Nurnberg, Jessica Pizarek, assistant coach Niall Murphy. **MIDDLE ROW:** assistant coach Kelly Knapp, Megan Psyllos, Kellie York, Andrea Lo, Kaitlin Jones, Ashley Glosz, Christina McGrath, Rachel Moffitt, Kaitlin Duncan, Haleh Nourani, Katie Knoche, head coach Shellie Onstead. **FRONT ROW:** Megan Shimojima, Kristen Goodman, Caitlin Byrne, Sarah Brand, Tracy Sprague, Kathryn Kamenski, Gwen Belomy, Maddie Hand.



2008 CALIFORNIA FIELD HOCKEY

Date	Day	Opponent	Location	Time
Aug. 30	Saturday	Pacific	Stockton, Calif.	1 p.m.
Sept. 1	Monday	Drexel	Berkeley, Calif.	1 p.m.
Sept. 4	Thursday	Longwood*	Farmville, Va.	1 p.m.
Sept.5	Friday	Radford*	Farmville, Va.	1 p.m.
Sept.7	Sunday	Appalachian State*	Farmville, Va.	7 a.m.
Sept.13	Saturday	Albany	Berkeley, Calif.	1 p.m.
Sept. 25	Thursday	Michigan	Ann Arbor, Mich.	2 p.m.
Sept. 27	Saturday	Michigan State	E. Lansing, Mich.	10:30 a.m.
Sept. 28	Sunday	Northwestern	Ann Arbor, Mich.	10 a.m.
Oct. 4	Saturday	Pacific*	Berkeley, Calif.	1 p.m.
Oct. 11	Saturday	Davidson*	Berkeley, Calif.	1 p.m.
Oct. 15	Wednesday	ODU	Norfolk, Va.	2 p.m.
Oct. 17	Friday	Delaware	Richmond, Va.	10 a.m.
Oct. 19	Sunday	Wake Forest	Winston-Salem, N.C.	10 a.m.
Oct. 24	Friday	Stanford	Berkeley, Calif.	1:30 p.m.
Nov. 1	Saturday	Stanford*	Stanford, Calif.	1 p.m.
Nov. 6-8	Thurs.-Sat.	NorPac Championship	Farmville, Va.	TBA
Nov. 11	Tuesday	NCAA Play-in	At Ivy League Champion	TBA
Nov. 15-16	Sat.-Sun.	NCAA Regionals	TBA	TBA
Nov. 21-23	Fri.-Sun.	NCAA Semifinals and Final	Louisville, Ky.	TBA

* NorPac Conference games. All times PT.

Home games are indicated in **bold** and are played at Maxwell Family Field.

SHELLIE ONSTEAD

USA Field Hockey
Assistant Coach
2008 Beijing Olympics

